Katie's Garden plant centre

THE DESIGNER BED

Installed April 2025

'NATURE'S MEDICINE CABINET: THE MEDICINAL GARDEN'

"In the past the plants we chose to use in our gardens would have been based on their usefulness for either food of their healing properties, rather than for ornamental value.

From herbs like marjoram, thyme and sage, perennials like Achillea, Echinacea and Monarda and trees such as Gingko biloba, apple and Eucalyptus, the garden is crammed with plants that all have medicinal and healing properties.

Before the pharmaceuticals that we are familiar with today, medicines would have been made from plants using their leaves, flowers and fruits.

It's surprising when you start looking into it, just what remedies can be found from the plants we grow in our garden."

The traditional uses of these plants are listed on our website at www.katiesgarden.co.uk/garden-area

Designed by Anna Peachey,
Katie's Garden Plant Centre's resident garden designer
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THE PLANTING LIST

TREES
Eucalyptus Silverana, French Blue
Gingko biloba
Malus x domestica (apple)

HERBS
Chamaemelum nobile (chamomile)
Foeniculum vulgare (fennel)
Lavender Vera
Origanum vulgare (oregano)
Rosemary officinalis
Salvia officinalis (sage)
Thyme coccineus, Silver Queen

SHRUBS
Fagus sylvatica (copper beech)
Hamamelis mollis pallida (witch hazel)
Rose Charles de Mills, Mama Mia, Let There Be Love
Rubus fruticosus (blackberry)

ANNUALS
Calendula officinalis (pot marigold)

PERENNIALS
Achillea Apfelblute, Cloth of Gold, Strawberry Seduction (yarrow)
Alchemilla mollis (lady's mantle)
Echinacea Magnus (coneflower)
Monarda (bergamot)
Verbascum chaixii Sixteen Candles (mullein)

Consult a registered practitioner before using herbal remedies

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